MEN'S AQUATICS PROGRAM

January 2019

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Open Swim 6:00 PM	**Open Swim** 6:00 PM	**Open Swim** 6:00 PM	**Open Swim** 6:00 PM	**Open Swim** 6:00 PM	**Open Swim** 6:00 PM
Open Swim 7:00 PM	**Open Swim** 7:00 PM	**Open Swim** 7:00 PM	**Open Swim** 7:00 PM	**Open Swim** 7:00 PM	**Open Swim** 7:00 PM
Aqua Tabata 7:00 PM Elena	**Open Class / 13 Jan** **Aqua Navy Seal** 7:00 PM Maricel	**Stroke Development** 7:00 PM Suman	**Aqua Interval** 7:00 AM Anna	**Water in Motion** 7:00 PM Maricel	**Stroke Development** 7:00 PM Celina
Open Swim 8:00 PM	**Open Swim** 8:00 PM	**Open Swim** 8:00 PM	**Open Swim** 8:00 PM	**Open Swim** 8:00 PM	**Open Swim** 8:00 PM
Stroke Development 8:00 PM Elena	**Stroke Development** 8:00 PM Maricel	**Aqua Gym** 8:00 PM Suman	**Stroke Development** 8:00 PM Anna	**Stroke Development** 8:00 PM Maricel	**Aqua Power** 8:00 PM Celina
Open Swim 9:00 PM	**Open Swim** 9:00 PM	**Open Swim** 9:00 PM	**Open Swim** 9:00 PM	**Open Swim** 9:00 PM	**Open Swim** 9:00 PM