

CHILDREN PROGRAM

November 2018

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Little Athletes (3 - 5 years) 11:00 AM Liza / Asma Active Hall	Born2Play (12 - 24 months) 9:00 AM Liza / Asma Baby Bliss Studio	Baby Sensory (6 - 12 months) 9:00 AM Asma / Eva Baby Bliss Studio	Mom & Baby Fitness (6 - 12 months) 10:00 AM Liza / Asma FS4	Born2Play (12 - 24 months) 9:00 AM Liza / Eva Baby Bliss Studio	Mother & Toddler (2 - 3 years) 9:00 AM Liza / Eva Active Hall
Youth Fitness (5 - 6 1/2) years) 12:00 PM Liza / Asma Active Hall	Mom & Baby Fitness (6 - 12 months) 10:00 AM Asma / Liza FS4	Mother & Toddler (2 - 3 years) 10:00 AM Liza / Asma Active Hall	Zumba Kids (7 - 9 years) 3:00 PM Liza FS6	Baby Sensory (6 - 12 months) 10:00 AM Asma / Eva Baby Bliss Studio	Mother & Toddler (2 - 3 years) 10:00 AM Asma / Eva Active Hall
Girls Fitness (7 - 9 years) 1:00 PM Asma / Liza Active Hall	Little Athletes (3 - 5 years) 3:00 PM Asma / Liza Active Hall	Mother & Toddler (2 - 3 years) 3:00 PM Asma / Liza Active Hall	Youth Fitness (5 - 6 1/2) years) 4:00 PM Asma / Liza Active Hall	Little Athletes (3 - 5 years) 3:00 PM Liza / Asma Active Hall	Zumba Kids Junior (4 - 6 1/2 years) 3:00 PM Liza / Asma FS6
	Youth Fitness (5 - 6 1/2) years) 4:00 PM Liza / Asma Active Hall	Girls Fitness (7 - 9 years) 4:00 PM Asma / Liza Active Hall		Little Athletes (3 - 5 years) 4:00 PM Asma / Liza Active Hall	Girls Fitness (7 - 9 years) 4:00 PM Asma / Liza Active Hall