

WOMEN'S AQUATICS PROGRAM

July 2018

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Open Swim 7:00 AM	Open Swim 7:00 AM	Open Swim 7:00 AM	Open Swim 7:00 AM	Open Swim 7:00 AM	Open Swim 7:00 AM
Open Swim 8:00 AM	Open Swim 8:00 AM	Open Swim 8:00 AM	Open Swim 8:00 AM	Open Swim 8:00 AM	Open Swim 8:00 AM
Aqua Noodle Action 9:00 AM Celina	Aqua Whole Body 9:00 AM Maricel	Aqua Gym 9:00 AM Anna	Aqua Games 9:00 AM Celina	Aqua Gentle 9:00 AM Maricel	Aqua Tabata 9:00 AM Anna
Open Swim 9:00 AM	Swim Squad 9:00 AM Suman	Open Swim 9:00 AM	Open Swim 9:00 AM	Swim Squad 9:00 AM Suman	Open Swim 9:00 AM
Open Swim 10:00 AM	Aqua Noodle Action 10:00 AM Suman	Open Swim 10:00 AM	Open Swim 10:00 AM	Aqua Gym 10:00 AM Suman	Open Swim 10:00 AM
Open Swim 11:00 AM	Open Swim 10:00 AM	Aqua Kickboxing 11:00 AM Anna	Open Swim 11:00 AM	Open Swim 10:00 AM	Aqua Noodle Action 11:00 AM Anna
Aqua Tabata 12:00 PM Suman	Open Swim 11:00 AM	Open Swim 11:00 AM	Aqua Run & Jump 12:00 PM Anna	Open Swim 11:00 AM	Open Swim 11:00 AM
Open Swim 12:00 PM	Open Swim 12:00 PM	Open Swim 12:00 PM	Open Swim 12:00 PM	Open Swim 12:00 PM	Open Swim 12:00 PM
Open Swim 1:00 PM	Open Swim 1:00 PM	Open Swim 1:00 PM	Open Swim 1:00 PM	Open Swim 1:00 PM	Open Swim 1:00 PM
Open Swim 2:00 PM	Open Swim 2:00 PM	Open Swim 2:00 PM	Open Swim 2:00 PM	Open Swim 2:00 PM	Open Swim 2:00 PM
Open Swim 3:00 PM	Open Swim 3:00 PM	Open Swim 3:00 PM	Open Swim 3:00 PM	Open Swim 3:00 PM	Open Swim 3:00 PM
Open Swim 4:00 PM	Open Swim 4:00 PM	Open Swim 4:00 PM	Open Swim 4:00 PM	Open Swim 4:00 PM	Open Swim 4:00 PM
Aqua Kickboxing 5:00 PM Maricel	Aqua Run & Jump 5:00 PM Celina	Aqua Gym 5:00 PM Maricel	Aqua Games 5:00 PM Maricel	Aqua Tabata 5:00 PM Anna	Aqua Kickboxing 5:00 PM Maricel
Open Swim 5:00 PM	Swim Squad 5:00 PM Anna	Open Swim 5:00 PM	Open Swim 5:00 PM	Swim Squad 5:00 PM Celina	Open Swim 5:00 PM
Open Swim 6:00 PM	Aqua Gentle 6:00 PM Anna	Open Swim 6:00 PM	Open Swim 6:00 PM	Aqua Whole Body 6:00 PM Maricel	Open Swim 6:00 PM
Open Swim 7:00 PM	Open Swim 6:00 PM	Open Swim 7:00 PM	Open Swim 7:00 PM	Open Swim 6:00 PM	Open Swim 7:00 PM
	Open Swim 7:00 PM			Open Swim 7:00 PM	