

WOMEN'S AQUATICS PROGRAM

Ramadan 2018

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Open Swim 9:30 AM	Open Swim 9:30 AM	Open Swim 9:30 AM	Open Swim 9:30 AM	Open Swim 9:30 AM	Open Swim 9:30 AM
Aqua Whole Body 9:30 AM Suman	Aqua Gentle 9:30 AM Suman	Open Swim 10:30 AM	Aqua Kick Boxing 9:30 AM Celina	Aqua Run & Jump 9:30 AM Suman	Aqua Tabata 9:30 AM Celina
Open Swim 10:30 AM	Open Swim 10:30 AM	Aqua Gym 10:30 AM Anna	Open Swim 10:30 AM	Open Swim 10:30 PM	Open Swim 10:30 AM
Open Swim 12:00 PM	Aqua Noodle Action 10:30 AM Suman	Open Swim 12:00 PM	Aqua Gentle 10:30 AM Celina	Open Swim 12:00 PM	Aqua Whole Body 10:30 AM Celina
Open Swim 1:00 PM	Open Swim 12:00 PM	Open Swim 1:00 PM	Open Swim 12:00 PM	Open Swim 1:00 PM	Open Swim 12:00 PM
Open Swim 2:00 PM	Open Swim 1:00 PM	Open Swim 2:00 PM	Open Swim 1:00 PM	Open Swim 2:00 PM	Open Swim 1:00 PM
Open Swim 3:00 PM	Open Swim 2:00 PM	Open Swim 3:00 PM	Open Swim 2:00 PM	Open Swim 3:00 PM	Open Swim 2:00 PM
Open Swim 4:00 PM	Open Swim 3:00 PM	Open Swim 4:00 PM	Open Swim 3:00 PM	Open Swim 4:00 PM	Open Swim 3:00 PM
Aqua Tabata 4:00 PM Anna	Open Swim 4:00 PM	Aqua Run & Jump 4:00 PM Maricel	Open Swim 4:00 PM	Aqua Gentle 4:00 PM Celina	Open Swim 4:00 PM
Open Swim 7:30 PM	Aqua Kick Boxing 4:00 PM Celina	Open Swim 7:30 PM	Aqua Noodle Action 4:00 PM Suman	Open Swim 7:30 PM	Aqua Whole Body 4:00 PM Maricel
Open Swim 8:00 PM	Open Swim 7:30 PM	Open Swim 8:00 PM	Open Swim 7:30 PM	Open Swim 8:00 PM	Open Swim 7:30 PM
Open Swim 9:00 PM	Open Swim 8:00 PM	Open Swim 9:00 PM	Open Swim 8:00 PM	Open Swim 9:00 PM	Open Swim 8:00 PM
Aqua Gentle 9:00 PM Maricel	Open Swim 9:00 PM	Aqua Whole Body 9:00 PM Suman	Open Swim 9:00 PM	Aqua Run & Jump 9:00 PM Anna	Open Swim 9:00 PM
Open Swim 10:00 PM	Aqua Tabata 9:00 PM Anna	Open Swim 10:00 PM	Challenge 9:00 PM Anna / Maricel / Celina	Open Swim 10:00 PM	Aqua Gym 9:00 PM Suman
Aqua Tabata 10:00 PM Celina	Open Swim 10:00 PM	Aqua Noodle Action 10:00 PM Anna	Open Swim 10:00 PM	Open Swim 11:00 PM	Open Swim 10:00 PM
Open Swim 11:00 PM	Open Swim 11:00 PM	Open Swim 11:00 PM	Aqua Gentle 10:00 PM Celina		Aqua Tabata 10:00 PM Anna
			Open Swim 11:00 PM		Open Swim 11:00 PM